



LESSON 1

BULLYING: THE EFFECTS

Activity 1: Considering the effects of cyber bullying using video analysis

15 minutes

01. Have all students watch the *Let's Fight It Together* film.

02. As they watch the film the students should chart Joe's emotional wellbeing (see figure 1.1), taking note of any notable incidents that affected his emotions and mood. This activity may require a second viewing of the film. The chart should exclude the opening interview and instead start when the song begins.

03. When their charts have been finished the students should consider the effects of bullying by giving oral feedback on the activity and by answering the following questions:

? How did this film make you feel?

? How did Joe's well-being change in the course of the film?

Suggested answer: Joe went from being a happy person who enjoyed break times with his friends and who was confident in speaking out in class to someone who was very sad, withdrawn and lonely. As the bullying got worse, particularly after the website was created about him, Joe appeared to despair completely and almost feel as though he was in a hopeless situation. Towards the end of the film, his well-being finally began to improve again when his mother learned about the bullying and she sought help in the school. At the end Joe is seen smiling and laughing with a friend again.

Figure 1.1

