Worksheet 2.2a

Thoughts and Feelings



To do:

With your partner, read the list of thoughts Anna may have had when Mark told her to send more photos or he would post her pictures on the school website.

Circle the emoji(s) and name the feeling(s) that describe how Anna would feel for each thought.

There is a blank row if you think of other thoughts and feelings that are not included.

Thought	Feeling				
Oh my God, what am I going to do?			o o		
I can't believe it, how could Mark do this to me?			(a)		
My mum is going to kill me; I'm in so much trouble.			(a)		
What will I do if Mark posts those photos to the school website and all my friends see them?			Va Va		