This is an opportunity for you to reflect on your own practices and habits on social media by completing the student reflection below. This is a self-reflective activity for you to complete on your own and your responses will not be shared with anyone.

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What type of content do you tend to share online?
What factors do you think influence you to share this type of content?
What kind of things might you be more reluctant to share with others on social media?
Why do you think you might feel more reluctant to share this type of content?